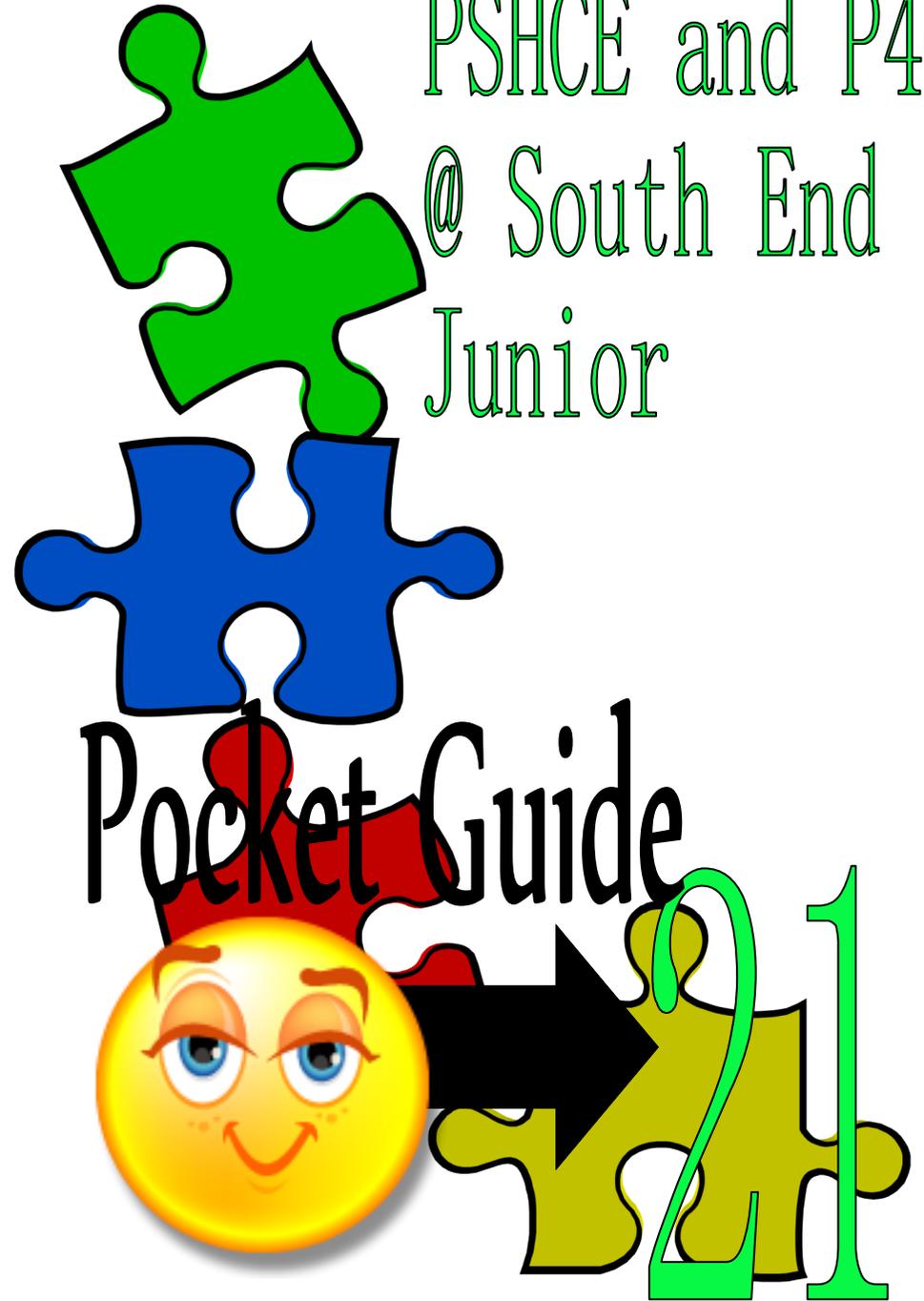


PSHCE and P4C  
@ South End  
Junior



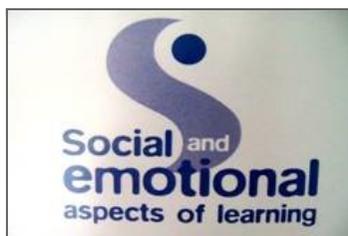
# What is PSHCE?

PSHCE encompasses all areas designed to promote children's personal, social and health and citizenship development. It gives children the knowledge, skills and understanding that they need to stay healthy and safe, develop worthwhile relationships, respect differences, develop independence and responsibility, make the most of their own abilities and those of others.

PSHCE is an important part of the curriculum at South End Junior School. This is taught through the SEAL curriculum and this curriculum is supplemented with circle time. This is a time where class teachers can meet with the children to address any relevant issues through games and scenarios. This is also an opportunity for teachers to consolidate the values which underpin the behaviour system within the school. In addition to this, classes also take part in reflection time. This takes place at the end of the school day and the children are given opportunities to reflect and consider their personal and social development.

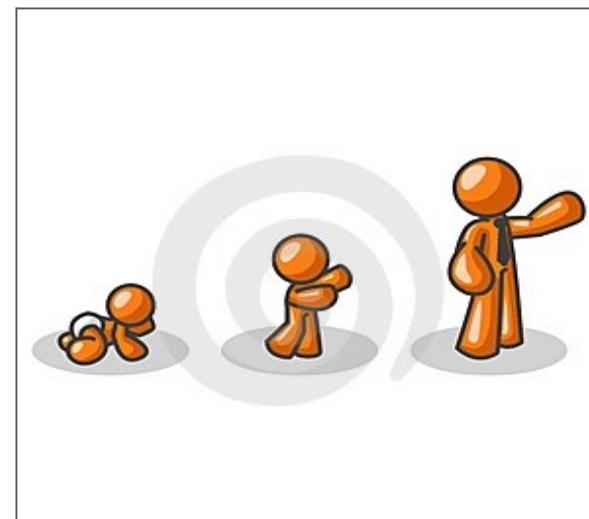
# Approaches

SEAL is a teaching programme (social and emotional aspects of learning) which will help the children in their personal, social and emotional development. It will bring together work we have been teaching in our PSHE curriculum and each term we will teach a topic across the whole school.



# PSHCE @ SEJS

As a school, we aim to provide children with an understanding of the wider world and, as a result of this, there are many opportunities for the children to learn about key issues which may affect them. All year groups study the body, the effects that drugs can have on their bodies and how peer pressure can lead to making unhealthy decisions. The children are given further opportunities to learn about keeping safe within the community through visits from St John's Ambulance and the local Police Community Support Officer.



In Years 5 and 6, the children are taught about the changes that will take place in their body. The subject of sex, relationships and responsibilities is taught sensitively and respectfully, preparing them for their transition into becoming young adults.

# What is P4C?

*“Philosophy for Children offers a way to open up children’s learning through enquiry and the exploration of ideas. Children learn that their ideas have value, and that the ideas of other children have value too. Through Philosophy for Children they realise that they don’t always have to be right, but they gain the confidence to ask questions and learn through discussion.”*

Information for this Pocket Guide comes from:  
[www.philosophy4children.co.uk](http://www.philosophy4children.co.uk)

# Benefits for Children

- A way to open up children’s learning through enquiry and the exploration of ideas.
- Gives children the possibility of seeing that their ideas have value, and that others have different ideas that have value too.
- They have the confidence to ask questions and learn through discussion.
- All learners (including teachers) have opportunities to genuinely enquire.
- A chance to speak and be heard without fear of



# What does a session entail?

- A structured session.
- Starts with a stimulus.
- Children are encouraged to draw on their imagination to ask a question based on wonderment (I wonder why...?).
- Children make a collective decision on the question they are most interested in.
- The discussion starts but is then not contained. It follows its own path guided by the children’s thoughts and ideas, agreeing and disagreeing, but always giving a reason for their point of view.

# Outcomes for Children

- To learn to think before they speak and give reasons for what they say.
- To value their views and the views of others.
- Not taking things personally.
- To learn respect and negotiation.
- To learn not to be fearful.

