



Issue 3

# Head's Update

Keeping you informed: Miss Kaur—Headteacher

Wednesday 5th January 2022

Dear parent/carers

Happy New Year. Welcome back after the Christmas break. We hope you all enjoyed your celebrations and family time. I hope 2022 brings us all good health and happiness.

I am sure you are all aware of the recent changes regarding covid-19 and isolation. Please read the paragraphs below to remind yourself of what to do should a family member test positive.

## **Information on the changes to the self-isolation period for individuals who test positive for COVID-19**

Since Wednesday 22 December, the 10 day self-isolation period for people who record a positive PCR test result for COVID-19 has been reduced to 7 days in most circumstances, unless you cannot test for any reason.

Individuals may now take LFD tests on day 6 and day 7 of their self-isolation period. Those who receive two negative test results are no longer required to complete 10 full days of self-isolation. The first test must be taken no earlier than day 6 of the self-isolation period and tests must be taken 24 hours apart. This also applies to children under 5, with LFD testing at parental or guardian discretion. If both these test results are negative, and you do not have a high temperature, you may end your self-isolation after the second negative test result and return to your education setting from day 8.

Anyone who is unable to take LFD tests will need to complete the full 10 day period of self-isolation.

## **Daily testing for close contacts of COVID-19**

People who are fully vaccinated, or children and young people aged between 5 and 18 years and 6 months, identified as a close contact of someone with COVID-19, should take an LFD test every day for seven days and continue to attend their setting as normal, unless they have a positive test result or develop symptoms at any time.

Children under 5 are not being advised to take part in daily testing of close contacts. If a child under 5 is a contact of a confirmed case, they are not required to self-isolate and should not start daily testing. If they live in the same household as someone with COVID-19 they should limit their contact with anyone who is at higher risk of severe illness if infected with COVID-19, and arrange to take a PCR test as soon as possible. They can continue to attend an education or childcare setting while waiting for the PCR result. If the test is positive, they should follow the [stay at home: guidance for households with possible or confirmed COVID-19 infection](#).

I very much hope education has minimal disruption, and we all continue to work together in keeping safe.  
Kind regards

Miss G Kaur  
Head Teacher