



Issue 7

Head's Update

Keeping you informed: Miss Kaur—Headteacher

Tuesday 19th April 2022

Dear parents/carers,

Welcome back after the Easter break. We hope you all managed to spend some quality time with family and friends and enjoyed the unexpected sunshine! The children and staff have all returned in good spirits, and are all ready for the new term ahead.

Coronavirus guidance has once again been updated for educational settings. We will be following new published guidance on health protection in education and childcare settings, which explains the time period an individual should not attend a setting to reduce the risk of transmission during the infectious stage of an illness.

Updated list of symptoms of respiratory infections, including coronavirus (COVID-19)

- continuous cough
- high temperature, fever or chills
- loss of, or change in, your normal sense of taste or smell
- shortness of breath
- unexplained tiredness, lack of energy
- muscle aches or pains that are not due to exercise
- not wanting to eat or not feeling hungry
- headache that is unusual or longer lasting than usual
- sore throat, stuffy or runny nose
- diarrhoea, feeling sick or being sick

Children with mild symptoms such as a runny nose, sore throat, or mild cough, who are otherwise well, can continue to attend their education or childcare setting.

Children and young people who are unwell **and** have a high temperature should stay at home and where possible avoid contact with other people. **They can go back to education or childcare setting when they no longer have a high temperature and they are well enough.**

If a child or young person has a **positive COVID-19 test result**, they should try to stay at home and where possible avoid contact with other people for 3 days after the day they took the test. The risk of passing the infection on to others is much lower after 3 days, and if they feel well and do not have a high temperature. Children and young people who usually attend an education or childcare setting and who live with someone who has a positive COVID-19 test result should continue to attend as normal.

Whilst I appreciate we are all tired of talking about Covid-19, it is vital that we continue to minimise the risk of transmission within school. Should you have any further questions, please call our admin centre who will be happy to help with any queries.

Kind regards
G Kaur
Head teacher