

Term 1: Being Me In My World

Whole school value: Respect

Yr	The BIG Question	Content and coverage	
3	How do my behaviour choices affect me and others?	<ul style="list-style-type: none"> • Setting personal goals • Positivity in challenges • Rewards and consequences • Responsible choices 	<ul style="list-style-type: none"> • Self-identity and worth • Rules, right and responsibilities • Seeing things from others' perspectives
4	Why is listening to others and being listened to important in my school community?	<ul style="list-style-type: none"> • Being part of a class team • Rights, responsibilities and democracy (school council) • Having a voice 	<ul style="list-style-type: none"> • Being a school citizen • Rewards and consequences • Group decision-making • What motivates behaviour
5	Why are rules, rights and responsibilities needed in our school community and beyond?	<ul style="list-style-type: none"> • Planning the forthcoming year • Rewards and consequences • Democracy, having a voice, participating 	<ul style="list-style-type: none"> • Being a citizen • Right and responsibilities • How behaviour affects groups
6	How do my choices affect my immediate community and the global community?	<ul style="list-style-type: none"> • Identifying goals for the year • Children's universal rights • Choices, consequences and rewards • Anti-social behaviour 	<ul style="list-style-type: none"> • Global citizenship • Feeling welcome and valued • Group dynamics • Democracy, having a voice • Role-modelling
Enrichment events: <ul style="list-style-type: none"> • What does it mean to be me day (start of term) • Black History Matters launch in Black History Month – key figures linked to year group focus and respect • Homophobia linked to rights and responsibilities. Everyone has the right to be different and everyone has the responsibility to show respect to others. • Y4 and 6 first aid training for children. 			

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Term 2: Celebrating Difference

Whole school value: Aspirations

Yr	The BIG Question	Content and coverage	
3	Why might friends and families fall out?	<ul style="list-style-type: none">• Families and their differences• Witnessing bullying and how to solve it• Giving and receiving compliments	<ul style="list-style-type: none">• Family conflict and how to manage it (child-centred)• Recognising how words can be hurtful
4	What does a healthy and safe friendship feel, look and sound like?	<ul style="list-style-type: none">• Challenging assumptions• Accepting self and others• Understanding bullying• Identifying how special and unique everyone is	<ul style="list-style-type: none">• Judging by appearance• Understanding influences• Problem solving• First impressions
5	Which characteristics and factors should be considered when forming a relationship?	<ul style="list-style-type: none">• Cultural differences and how they can cause conflict• Types of bullying• Enjoying and respecting other cultures	<ul style="list-style-type: none">• Racism• Rumours and name-calling• Material wealth and happiness
6	Why is empathy important?	<ul style="list-style-type: none">• Perceptions of normality• Power struggles• Inclusion/ exclusion• Empathy	<ul style="list-style-type: none">• Understanding disability• Understanding bullying• Differences as conflict, difference as celebration
Enrichment events: <ul style="list-style-type: none">• Anti-bullying week – celebrate diversity by wearing odd socks and promoting individuality. Link back to Black History Matters key figures and the struggles they may have faced due to their differences at the time.• Children in Need• Homophobia link through bullying sessions			

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Term 3: Dreams and Goals

Whole school value: Courage

Yr	The BIG Question	Content and coverage	
3	What helps me learn?	<ul style="list-style-type: none"> • Difficult challenges and achieving success • Motivation and enthusiasm • Evaluating learning processes • Managing feelings 	<ul style="list-style-type: none"> • Dreams and ambitions • New challenges • Recognising and trying to overcome obstacles • Simple budgeting
4	How can I overcome disappointment and failure?	<ul style="list-style-type: none"> • Hopes and dreams • Creating new, realistic dreams • Celebrating contributions • Positive attitudes 	<ul style="list-style-type: none"> • Overcoming disappointment • Achieving goals • Working in a group • Resilience
5	What could my future look like?	<ul style="list-style-type: none"> • Future dreams • Jobs and careers • Goals in different cultures • Supporting others (charity) 	<ul style="list-style-type: none"> • The importance of money • Dream job and how to get there • Motivation
6	What motivates me to make the world a better place?	<ul style="list-style-type: none"> • Personal learning goals, in and out of school • Making a difference in the world • Compliments 	<ul style="list-style-type: none"> • Success criteria • Emotions in success • Motivation • Recognising achievements
Enrichment events: <ul style="list-style-type: none"> • Aspiration curriculum day incorporating visitors • Black History Matters – What dreams and goals did the key figures have and what difficulties did they have to overcome to achieve them? • Safer Internet Day • Hazard Alley trip for Y4 			

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Term 4: Healthy Me

Whole school value: Independence

Yr	The BIG Question	Content and coverage	
3	What does being unsafe feel, look and sound like? Who can help me?	<ul style="list-style-type: none">• Exercise• Food labelling and healthy swaps• Respect for myself and others (homophobia link)• Healthy and safe choices	<ul style="list-style-type: none">• Fitness challenges• Attitudes towards drugs• Keeping safe and why it's important online and offline scenarios
4	Why is listening to others and being listened to important in my school community?	<ul style="list-style-type: none">• Healthier friendships (homophobia link)• Smoking• Assertiveness• Celebrating inner strength	<ul style="list-style-type: none">• Group dynamics• Alcohol• Peer pressure
5	Why are rules, rights and responsibilities needed in our school community and beyond?	<ul style="list-style-type: none">• Smoking, including vaping• Alcohol and anti-social behaviour• Relationships with food• Motivation and behaviour	<ul style="list-style-type: none">• Alcohol• Emergency aid• Body image (homophobia link)• Healthy choices
6	How can I be responsible for my own health despite the influences of others?	<ul style="list-style-type: none">• Taking personal responsibility• Exploitation, including 'county lines' and gang culture• Managing stress	<ul style="list-style-type: none">• How substances affect the body• Emotional and mental health (homophobia link)
Enrichment events: <ul style="list-style-type: none">• Drop Everything and Exercise – link to 60 active minutes• Black History Matters – key sporting figures• Sporting figure visit to promote mental and physical health benefits• Pride Month - June			

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Term 5: Relationships

Whole school value: Perseverance

Yr	The BIG Question	Content and coverage	
3	Why do I need people to care for me?	<ul style="list-style-type: none"> • Family roles and responsibilities • Being a global citizen • Being aware of how my choices affect others • Expressing appreciation for family and friends 	<ul style="list-style-type: none"> • Friendship and negotiation • Keeping safe online and who to go to for help • Awareness of how other children have different lives
4	How could I manage loss?	<ul style="list-style-type: none"> • Jealousy • Memories of loved ones • Girlfriends and boyfriends 	<ul style="list-style-type: none"> • Love and loss • Getting on and falling out • Showing appreciation to people and animals
5	What are my responsibilities in my relationships?	<ul style="list-style-type: none"> • Self-recognition and self-worth • Safer online communities • Online gaming and gambling • Dangers of online grooming 	<ul style="list-style-type: none"> • Building self-esteem • Rights and responsibilities online • Reducing screen time • SMART internet safety rules
6	Why does a relationship need a balance of power and control?	<ul style="list-style-type: none"> • Mental health • Love and loss • Managing feelings • Power and control • Technology safety 	<ul style="list-style-type: none"> • Identifying mental health worries and sources of support • Assertiveness • Taking responsibility with technology use
Enrichment events: <ul style="list-style-type: none"> • Mental Health Awareness Week • Black History Matters – through value launch for ‘Perseverance’ • Homophobia link – What are your responsibilities within a relationship when considering how your comments affect other people’s mental health? 			

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Term 6: Changing Me

Whole school value: Pride

Yr	The BIG Question	Content and coverage	
3	How does my body change as I grow?	<ul style="list-style-type: none">• How babies grow• Outside body changes• Inside body changes• Challenging my ideas	<ul style="list-style-type: none">• Understanding a baby's needs• Family stereotypes• Preparing for transition
4	How are boys' and girls' bodies different?	<ul style="list-style-type: none">• Being unique• Girls and puberty• Accepting change• Environmental change	<ul style="list-style-type: none">• Having a baby• Confidence in change• Preparing in transition
5	What is puberty and why does it need to happen?	<ul style="list-style-type: none">• Self- and body image• Puberty for girls• Puberty for boys• Growing responsibility• Preparing for transition	<ul style="list-style-type: none">• Influence of online and media on body image• Conception (including IVF)• Coping with change
6	How will you know you are ready to become a parent?	<ul style="list-style-type: none">• Self-image• Puberty and feelings• Reflections about change• Respect and consent• Sexting	<ul style="list-style-type: none">• Body-image• Conception to birth• Physical attraction• Boyfriends/ girlfriends• Transition
Enrichment events: <ul style="list-style-type: none">• Summer safety• Sports day and healthy lifestyles• Homophobia link – different family set ups, names for different relationships, what is acceptable and what is not?• Pride Month - June			

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